



Heather Johnstone, PhD, RN, BC, APN, AMP-C, RYT
Director

Heather Johnstone has been working in the healing arts for over thirty years and maintains an active Holistic Wellness Consultancy practice. She is a Nursing Master's level prepared Advanced Practice Nurse (APRN) with a Family Nurse Practitioner specialty. Heather is an active member of many professional organizations including the American Holistic Nurses' Association. Her holistic health education includes a Doctorate in Metaphysics, a Diploma in Acupuncture and a Certificate in Homeopathy. Additionally, Heather is a Yoga Instructor at the 500 hour level with the Yoga Alliance and has a specialization in Pranic Healing. Professionally, Heather finds the perfect balance in providing direct service to clients and facilitating the development of healing arts students.



Moira Khouri, NC, MH, HHP, CCP, RYT
Head of Faculty

From beautiful Vancouver Canada, Moira is a graduate of GCNM's Holistic Health Practitioner, Master Herbalist and Nutritional Consultant programs, a certified Life Coach, Usui Reiki and Sekhem Seichim Reiki Master, Reflexologist and Aromatherapist. Moira is a professional member of the Health Action Network Society, contributing articles and book reviews for their publications. In her private practice she offers Life & Health coaching, workshops, reflexology and Reiki healing sessions. An educator from the heart, her purpose in life is to write and teach, to help others with their journey to good physical, emotional and spiritual health through knowledge using holistic health practices for self-healing and for care of their families. During quiet times, she enjoys yoga and spending time with her two young grandchildren. With a lifelong passion for science and natural healing, Moira loves sharing with GCNM students and her clients regarding the beauty, simplicity, and many benefits of the natural approach to health and well being.



Kathryn Marcinak, HHP, BA, C-PT
Faculty

Kathryn Marcinak is a graduate of GCNM's Holistic Health Practitioner Program. To supplement her interest in physical fitness and health, she also earned a bachelor's degree in Exercise Science with a Personal Training Certification. Additionally Kate is certified in Active Release Technique, Upper Extremity, a soft tissue/movement technique. She works one-on-one with clientele looking to improve their physical fitness. As well, Kate uses her knowledge from multiple sources to help individuals improve, not only their physical health, but their entire health from a holistic viewpoint. She especially enjoys sharing her health and fitness knowledge with GCNM students and staff. Kate personally expresses her interest in physical fitness by training and running marathons all over the world.



Jackie Christensen, BS, HHP, NC, MH
Faculty

Jackie has a passion for education, holistic health care, and people. Her many achievements include earning a Holistic Health Practitioner Diploma, Nutritional Consultant Certificate and Master Herbalist Certificate with the Global College of Natural Medicine. She has also received a Bachelor of Science Degree in Communication Disorders with a Minor in Community Health from Minnesota State University. Jackie understands the importance of holistic health and incorporates it in her own life daily through a healthy diet, yoga, and conscious living. She is a wonderful resource for GCNM students with her holistic focus, and additional strengths in both customer service and administration. Jackie is an enthusiastic member of the faculty student support team and greatly enjoys helping students learn more about holistic health.



Emilie Greenwell, BA, HHP, NC, MH, CBHC
Faculty

Emilie has a Bachelor's Degree in Psychology at CSU Northridge. She has completed a Holistic Health Practitioner diploma, a Master Herbalist certificate and a Nutritional Consultant certificate at GCNM. Emilie is especially passionate about holistic living for families. She is a leader for the Holistic Moms Network, and her particular interests include natural childbirth, lactation support, homeschooling, attachment parenting and raising chemical-free kids. She expresses her intense passion for organic food with her involvement in food co-ops and farm-to-consumer direct sales programs in her community as both a volunteer and a board member. Emilie enjoys helping students develop into holistic providers.



Anita Sippy, NC, MH, HHP
Faculty

Anita received certification as a Nutritional Consultant, Holistic Health Practitioner, and Master Herbalist from the Global College of Natural Medicine. In addition, Anita holds a degree in Accounting, diplomas in Tax Preparation and Bookkeeping, and certificates in Automated Accounting and Writing. She lives in scenic Wisconsin where she enjoys gardening during the warmer seasons, and preserves her wholesome bounty for the lean winter months. Reading, writing, cooking, walking, and camping are also some of Anita's favorite things. Although Anita is highly skilled with numbers, her greatest passion lies in holistic health and she is happiest when teaching others how to reach their full health potential through nutrition, exercise, supplementation, and alternative therapies. Anita especially enjoys helping VICNW students learn more about holistic nutrition and health.



Sally Warren PhD
Faculty

Sally holds a PhD in Metaphysical Psychology and has studied and graduated from programs in the transformational and LGAT field, in helping people attain their highest human potential. As an instructor, an advisor, an ordained minister and an author, she offers a vast range of experience to prospective students looking for direction as well as degree students working on their dissertations. Her beliefs in supporting a sustainable environment and holistic living have nurtured her interest in herbal medicine and holistic health since growing up in the UK. Living an active and healthy life is a passion for Sally, and working helping people and animals to overcome life's obstacles with natural, healing methods is a life-long commitment.



Jim Young, CPGA
Faculty

Jim is a long time CPGA, a certified member of the Canadian Professional Golf Association with a focus on golf instruction and teaching. Prior to that, he was a fitness instructor for a number of years. Fitness through activity diversification has been a lifetime goal. He has been actively involved in many individual and team pursuits such as golf, swimming, running, cycling, weight training, bowling, tennis, hiking, basketball, hockey, football and baseball, in order to fulfill that interest. Jim's belief is that regular fitness activities have a positive benefit for aging adults to slow down and reverse age related disorders and maintain youthfulness, vitality, strength and flexibility. Practicing a relatively simpler lifestyle in this ever evolving highly technological world is vital for all of us to maintain peace of mind and allow ample time to have a well rounded existence on this earth. Jim most definitely shares these beliefs and enjoys discussing them with one and all and is excited to be working with VICNW students about the various aspects of the anti aging lifestyle.



Michelle Montezon-Halaska, BA, MT, Raw Chef
Adjunct Faculty

Michelle holds a Bachelor of Arts Degree in Fine Arts, is a Licensed Body Worker, and a Certified Raw Food Chef and Instructor. She has been active in the healing arts for over two decades with extensive studies in body work, neurolinguistic programming, hypnotherapy, transcendental meditation, and the holistic benefits of raw foods. It was Michelle's passion for food as medicine that inspired her to become a Certified Raw Food Chef and Instructor from the International Culinary Arts Institute of Chicago, IL. In her private practice Michelle works with clients to create an optimal lifestyle that includes a healthy diet, massage therapy and meditation. In addition to educating her clients and empowering them to be active in their own healing process, she also shows them how to have fun creating awesome tasting food.